



# SSF

Fraternité des sciences spirituelles  
Spiritual Science Fellowship

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# Hiver-printemps Winter-Spring 2019



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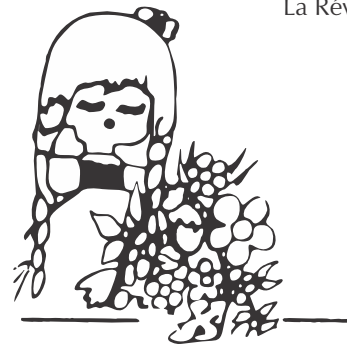


## (chers(ères) membres et amis(es),

Une toute nouvelle année nous offre une opportunité de renouveler notre engagement pour être le meilleur de nous-mêmes. Arrêtons-nous un instant, soyons tranquille et à l'écoute, et prenons le temps de réexaminer ce qui est important dans notre vie en ce moment. Esprit nous rappelle de vivre chaque jour pleinement et que ce moment est le meilleur et le seul moment que nous avons vraiment.

La Fraternité des sciences spirituelles est une association à but non lucratif consacrée au développement total de la personne. Depuis plus de 40 ans, la FSS offre des services spirituels tous les dimanches, gratuit et ouvert à tous. **Les Services du dimanche** ont lieu à l'Hôtel Espresso, 1005, rue Guy, à 19 h 30 (*précédé par une Guérison spirituelle : de 18 h 30 à 19 h 15*) : les services bilingue ont lieu tous les 1<sup>er</sup> dimanche du mois; les services en français tous les 3<sup>e</sup> dimanche du mois; les services en anglais tous les 2<sup>e</sup>, 4<sup>e</sup> et 5<sup>e</sup> dimanche du mois. S'il vous plaît partager cette information avec vous amis. **Les Services des membres de la FSS** ont lieu au Centre de la FSS, chaque jeudi soir, à 19 h 30. Cette saison les **Lectures psychiques** se tiendront le 31 jan., 28 fev., 28 mars, et le 25 avril. Le répertoire des **Ateliers du week-end** apparaît sur la couverture. Les **Cercles de messages** auront lieu tous les samedis soir à 19 h 30, au Centre de la FSS.

La Rév. Marilyn Rossner  
EdD, PhD



## Dear members and friends,

A fresh new year presents us with the opportunity to renew our commitment to being our best selves. It's time to stop for a moment to be still and listen, and to take the time to reconsider what is important in our lives right now. Spirit reminds us to live each day fully, and that this moment is the best and only moment that we really have.

The Spiritual Science Fellowship is a non-profit association dedicated to the development of the total person. For over 40 years, it has provided spiritual services every Sunday, *free and open to all*. **Sunday Services** are held at the Hôtel Espresso, 1005 Guy Street, at 7:30 p.m. (*preceded by Spiritual Healing: 6:30 p.m. to 7:15 p.m.*): Bilingual All-Message Services, the 1<sup>st</sup> Sunday of the every month; French Services, the 3<sup>rd</sup> Sunday of every month; and English Services, the 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Sundays of every month. Please share this information with friends. **Mid-Week SSF Members' Services** are held at the SSF Centre, every Thursday evening at 7:30 p.m. This season's **Psychic and Spirit Teas** will be held on Jan. 31, Feb. 28, March 28, and April 25. The index of **Weekend Workshops** appears on the front cover. **Spirit Circles** are held every Saturday evening at 7:30 p.m., also at the SSF Centre.

Rev. Marilyn Rossner  
EdD, PhD



## Your life is in Your Hands with Luigi di Scala

Palm Reading ... understand your purpose,  
what can be changed, and how to live life fully,  
by deciphering what you have in your hands.

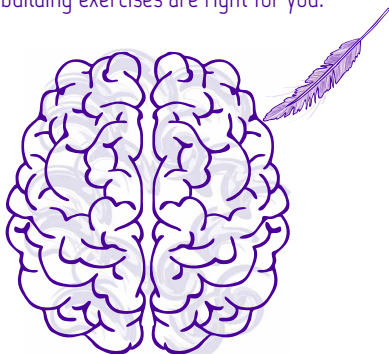
Saturdays: Jan. 12 & 19, Feb. 2 & 23, March 2 & 16,  
and April 20 & 27, 2019 • 1:00 p.m. to 4:00 p.m.

\$20 ea. (Non-members please add \$20 membership fee.)

## BUILDING PRESENT MOMENT AWARENESS TO REMEMBER OUR TRUE SELVES

with Leah Mohammed

Being in the present moment opens the door to a myriad of possibilities. When we are present, we feel, know and react from a different space; we access our innate healing abilities; and we are connected to our Higher Selves and Source. Being present means learning how to consciously use your awareness to focus on what you want, when you want it, and where you want to be. Find out which awareness building exercises are right for you.



Saturday, January 19, 2019 • 10:00 a.m. to 12:00 p.m.

\$15 (Non-members please add \$20 membership fee.)

# Mary Swaine



Mary Swaine, PhD, is a naturopath, psychotherapist, colour and sound therapist, herbal therapist, massage therapist, hypnotherapist, reflexologist, creative therapist, intuitive radionician, and cell memory therapist at the *Queen Elizabeth Health Complex* in the N.D.G. borough. She teaches self-development and therapies worldwide, and has authored five therapy books, 11 children's books, and three CDs. Mary sees people as energy beings, perceiving their bodies, emotions, thoughts, relationships, and so on as energies in various colours, forms, and patterns. Her therapies encourage patients to become more aware of their true selves. For more about Mary, please visit her website:

[www.energetiqueintuitive.com](http://www.energetiqueintuitive.com)

### ◆ Your Special Healing Gifts

Spouse, parent, teacher, doctor, psychologist, caregiver, healer, or friend — who is the person behind the title? Mary explains the types and levels of healing gifts, and helps you uncover your own abilities. She presents exercises that aid in development, and outlines methods to maintain proper psychic hygiene.

Sat., Jan. 26, 2019

1:00 p.m. to 4:00 p.m.

\$45 (Non-members please add \$20 membership fee.)

### ◆ How to Develop Higher Psychic Senses & Use Them in Therapy

Develop higher psychic senses and use them in your personal and professional life. Mary presents techniques to help you better understand yourself and others. Strengthen your connection with the environment. Improve your health, well-being and quality of life. Discover practical tools that help you integrate your higher psychic senses into all facets of living. This hands-on workshop includes practice in class, ample time for questions and answers, and detailed demonstrations.

Sat., March 23, 2019

1:00 p.m. to 4:00 p.m.

\$45 (Non-members please add \$20 membership fee.)

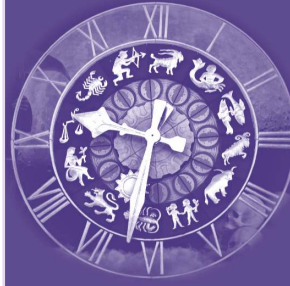
## Vibrational Spiritual Healing with Andrea Courey



Experience powerful meditation using therapeutic crystal bowls, chimes, rattles, and recorded music. Learn about healing the body @ 432Hz, and the heart @ 528Hz. Open up to communication with spirit @ 852Hz — and more!

**Saturdays, Feb. 2, 9, 16, 23; March 2, 9, 16, 23; April 13, 20**  
10:00 a.m. to 12:00 p.m.

\$10 ea. (Non-members please add \$20 membership fee.)



## Turning Fate into Destiny

Are you unclear about where Fate is taking you? Let astrology outline the possibilities before you, and help you to project your life's plan — well into the future. By establishing the crucial timing for your plans, from your personalized astrological chart, you receive a glimpse of the future and may, perhaps, turn Fate into Destiny.

Pre-register with the SSF, at least one week prior to the workshop, leaving the 1) date, 2) time and 3) location of your birth, as well as your 4) telephone number, and Rev. Karin will prepare your own individual astrological chart!

**Saturday, Feb. 2, 2019**

**11:00 a.m. to 4:00 p.m.**

\$ 50 (Non-members please add \$20 membership fee.)

with **Rev. Karin Reimers, PhD, BA, PT**

## GNOSTIC STUDIES

Gnosticism teaches you to reach the Divine by knowledge rather than dogma, and that a fraction of the Divine is within. This can help man to resist and overcome evil. Gnosticism explains that eternal life is obtained through knowledge of the Divine that is within. This course explores the gospels of Mary Magdalene, Judas and Saint Thomas and links them to the metaphysical aspect of Christianity.

with **Rev. Raul Valverde, PhD**

**Saturday, February 9, 2019**

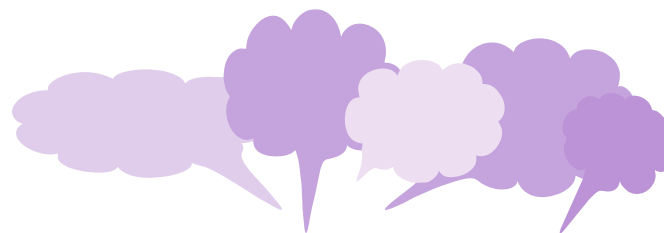
**1:00 p.m. to 4:00 p.m.**

\$20 (Non-members please add \$20 membership fee.)



**Saturday, February 16, 2019 • 1:00 p.m. to 5:00 p.m.**

\$20 (Non-members please add \$20 membership fee.)



## The Book Club

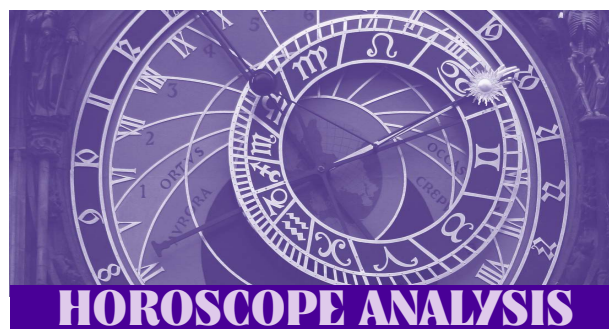
with **Andrea Courey**

Author Andrea Courey, MEd, discusses her channelled book, "Conversations with Chloe," an intimate conversation between the author and her daughter Chloe, that began six weeks after Chloe's death in February, 2016. This conversation, which took place over five months, reveals truths about the afterlife, the power of apology and forgiveness, and the reality that only the physical body is discarded.

**Sat., March 30, 2019 • 1:00 p.m. to 4:00 p.m.**

\$20 (Non-members please add \$20 for membership fee.)

Human destiny is shaped by a combination of conditions pre-determined at birth, and by other factors that can be changed through our own efforts. A knowledge of Astrology can help you make conscious choices, and can unveil the best conditions for controlling destiny and realizing personal potential.



Unlock the hidden secrets of your destiny using unique astrological methods of horoscope analysis, defined and developed by St. Petersburg Academy of Astrology.

**Important:** Please pre-register with the SSF, at least one week prior to the workshop, leaving the date, time, and location of your birth, as well as your current location.

with **Alexandra Gerassimenko**

**Saturday, April 6, 2019 • 12:00 p.m. to 6:00 p.m.**

\$40 (Non-members please add \$20 membership fee.)

## Altered States of Consciousness & Healing Therapies

with **Rev. Raul Valverde, PhD**

Altered states of consciousness cover transpersonal experiences that involve an expansion of consciousness beyond the limits of time and space. They allow us to answer the questions of who we really are and why we are here. Special emphasis will be given to Holotropic therapy. Holotropic therapy has been practised by psychologists as a way to produce an altered state of consciousness without drugs. It is a simple yet powerful technique based on combined insights from modern consciousness research, depth psychology and perennial spiritual practices, and activates non-ordinary states of consciousness which mobilize the spontaneous healing potential of the psyche.

**Saturday, March 9, 2019  
1:00 p.m. to 4:00 p.m.**

\$20 (Non-members please add \$20 for membership fee.)



Join **Susan Campbell-Fournel, PhD**, for

## Spring Cleaning

*Cleansing Nutrition*

Recognize the **R**excitotoxins in food and eliminate these harmful food additives. Explore cleansing modalities and foods that help to protect you from neurotoxin.

Develop cleansing routines that will enhance your body's natural rhythms to reduce inflammation. Review dietary supplement guidelines for optimal wellness.

**Sat., March 30, 2019 • 1:00 p.m. to 4:00 p.m.**

\$20 (Non-members please add \$20 membership fee.)



## How to Use THE VIBRATIONS FREQUENCIES AND ENERGIES OF THE UNIVERSE

with **CONNIE MADON, PhD**

Connie Madon brings his 19 years of research on the Universe to this workshop. Key topics include an introduction to the Universe; a description of vibrations, frequencies and energies; the language of the Universe; making a connection to the Universe; conditions that may prevent or slow this connection; the key concept of INTENT; how to frame your request; how to obtain feedback; and a summary of theory and practice.

**Saturday, April 13, 2019 • 1:00 p.m. to 4:00 p.m.**  
\$25 (Non-members please add \$20 membership fee.)

## SSF Sunday Evening Interfaith Services

**Hôtel Espresso, St-François Room (2nd Floor)**  
1005 Guy Street, Montreal, Quebec  
7:30 p.m. • Free and open to all!



For over 40 years, the SSF has been providing free interfaith spiritual services every Sunday. **Spiritual Healing (6:30 p.m. to 7:15 p.m.)** precedes every service. Please share this information with friends.

- ☉ **First Sunday of the month:**  
**Bilingual All-Message Service**  
with Dr. Marilyn Rossner, mediums and guests
- ☉ **Second Sunday of the month:**  
**English Service** with Dr. Marilyn Rossner, other ministers, mediums, teachers, gifted psychics and intuitives
- ☉ **Third Sunday of the month:**  
**French Service** with meditation, information on spirituality and spirit contact
- ☉ **Fourth Sunday of the month:**  
**English Service**
- ☉ **Fifth Sunday of the month:**  
**English Service**

### Événements spéciaux • Special Events

#### Your Life Is in Your Hands

with Luigi di Scala  
Saturdays: Jan. 12, 19; Feb. 2, 23;  
March 2, 16; April 20, 27, 2019  
1:00 p.m. to 4:00 p.m.

#### Welcome Home plus Rev. Marilyn/Aquarians Birthday Celebrations

Sunday, February 10, 2019  
7:30 p.m. • Refreshments served!

#### Thursday Members' Valentine's Day Service

with Rev. Marilyn Rossner, PhD  
Thursday, February 14, 2019  
7:30 p.m. • Refreshments served!

#### How To Achieve Peace in the World

with Shaykh Abdul Haqq  
Saturday, February 16, 2019  
1:00 p.m. to 5:00 p.m.

#### So You Want To Be a Medium

with Rev. Marilyn Rossner, PhD  
Saturday, March 2, 2019  
10:00 a.m. to 5:00 p.m.

Voyance/Clairvoyance  
Messages Spirituels/Spirit Messages  
Médiumité/Mediumship • Psychométrie/Psychometry

### Cercles de messages du samedi soir Saturday Evening Spirit Circles

**Jan. 12:** Luigi di Scala, Nicole Rodrigue & Guests

**Jan. 19:** Rev. Busta Akong & Andrea Courey

**Jan. 26:** Rev. Raul Valverde & Elliott Gordon

**Feb. 2:** Rev. Busta Akong & Guests

**Feb. 9:** Rev. Marilyn Rossner, Nicole Rodrigue & Guests

**Feb. 16:** Rev. Marilyn Rossner & Andrea Courey

**Feb. 23:** Rev. Raul Valverde & Luigi di Scala

**March 2:** Rev. Busta Akong & Guests

**March 9:** Nicole Rodrigue & Elliott Gordon

**March 16:** Rev. Marilyn Rossner & Andrea Courey

**March 23:** Rev. Marilyn Rossner & Guests

**March 30:** Luigi di Scala

**April 6:** Rev. Busta Akong, Luigi di Scala & Guests

**April 13:** Rev. Marilyn Rossner & Andrea Courey

**April 20:** Nicole Rodrigue & Elliott Gordon

**April 27:** Rev. Alma Grimaux & Dorothy Nantel, LM

19 h 30 • Refreshments! ❖ 7:30 p.m. • Refreshments!

Sauf indication contraire, chaque session : 15 \$\*  
Except where otherwise noted, each session: \$15\*\*

### Thés psychiques du jeudi Thursday Psychic Teas

... avec des médiums doués de la FSS  
... with the SSF's gifted mediums

Intuitifs, médiums, voyants et psychiques  
partager leurs dons sur une base individuelle!

Intuitives, mediums, and psychics  
share their gifts on an individual basis!

31 jan. • 28 fév. • 28 mars • 25 avril  
Jan. 31 • Feb. 28 • March 28 • April 25

18 h – 21 h

Rafraichissements! Refreshments!

Mini session : 15 \$\* • Session complète : 25 \$\*  
Mini Session: \$15\*\* • Full Session : \$25\*\*

\*Non-membres s'il vous plaît ajouter 20 \$ pour adhésion • \*\*Non-members please add \$20 membership fee

# classes hebdomadaire • weekday class schedule

## s'il vous plaît veuillez noter ...

- ✓ La cotisation annuelle est de 20 \$. Toutes les activités du centre sont ouvertes seulement aux membres courants.
- ✓ La pré-inscription est préférable pour toutes les classes et ateliers, au moins 2 jours à l'avance de l'événement.
- ✓ Il n'y aura aucun remboursement une fois les cours commencés.
- ✓ Les opinions exprimées dans la classe par des instructeurs reflètent leurs propres croyances, et ne sont pas nécessairement celles des autres instructeurs ou de la FSS-IIISHI.

## please note ...

- ✓ The annual membership fee is \$20. All activities at the centre are open to current members only.
- ✓ Pre-registration is preferred for all classes and workshops, at least 2 days in advance of the event.
- ✓ There are no refunds once classes have begun.
- ✓ The opinions expressed in class by instructors reflect their own beliefs, and are not necessarily those of other instructors, or of the SSF-IIISHS.

## les lundis/mondays

### YOGA

with Madhavi

Yoga combines relaxation, visualization, meditation, gentle movements, and chanting. Unwind, relax, and enjoy! Sessions are held every Monday and Wednesday from 5:30 p.m. to 7:00 p.m., beginning January 7. Monday sessions are identified by an asterisk.

January 7\*/9/14\*/16/21\*/23/28\*/30, February 4\*/6/11\*/13/18\*/20/25\*/27, March 4\*/6/11\*/13/18\*/20/25\*/27, April 1\*/3/8\*/10/15\*/17/22\*/24/29\* 5:30 p.m. . . . . \$7 per class, \$10 per week, \$25 per month, \$100 per semester

### MANTRA MEDITATION

with Daniel Richard, LM

A mantra is a combination of syllables that, when repeated, builds up a specific spiritual energy. Mantra energies can help us achieve our life goals (family, career, social standing), create a protective shield around us in time of need, and remove obstacles on the spiritual path to promote a better connection to our Higher Self. Learn how to practice mantras, and start a meditation practice with a mantra tailored to better serve your needs. Daniel has been practising mantras for 13 years. He has been a student of Thomas Ashley-Farrand (Namadeva Acharya) since 2007, and has received initiation into the Gayatri and Lalita mantras.

January 7/14/21/28, February 4/11/18/25 7:30 p.m. . . . . MEM.: \$10/ea., \$70/series • OTHERS: add \$20 membership fee

## EL CORAZON DE LA SANACIÓN DEL ALMA: EL CÓDIGO SECRETO DEL CUERPO

with Carmen Augusto

Un modelo de sanación desarrollado por Eric Rolf; Impartido por Carmen Augusto su compañera de camino durante 30 años

Este modelo de sanación no sólo es un método de sanación eficaz de cómo te habla la vida o tu parte más profunda, también es un modelo o paradigma de cómo vivir tu vida con abundancia y bienestar. Te ayuda a vivir con alegría para que tu vida tenga un sentido y disfrute. Puedes ver y cambiar situaciones y condiciones en el cuerpo y en tu vida a través de verlas de una nueva manera.

4/11/18/25 febrero 19:30. . . . MIEMS.: \$10/cada, \$35/serie • OTROS: agregar \$20 para la adhesión

## REGRESIONES A VIDAS PASADAS PARA SANAR TU PRESENTE

with Carmen Augusto

A través de la meditación y la visualización creativa te guío hacia estados de relajación muy profunda entrando en un estado Alpha, y así poder recordar acontecimientos en tus vidas pasadas, y que en esta vida pudieras estar experimentando síntomas o dificultades que te impiden avanzar.

4/11/18/25 marzo 19:30. . . . MIEMS.: \$10/cada, \$35/serie • OTROS: agregar \$20 para la adhesión

## ROUND TABLE TALK WITH TADYK

with Tadyk Kalas

Tadyk leads a discussion on "Spirituality & the Existence of God."

March 11 7:30 p.m. . . . . MEM.: \$10 • OTHERS: add \$20 membership fee

## ELECTRONIC VOICE PHENOMENA AND SPIRITUAL COMMUNICATION

with Rev. Raul Valverde, PhD

Learn how to use Electronic Voice Phenomena software for spiritual communications. The class includes free software and will demonstrate how to create spiritual communications sessions with your own computer.

March 18 7:30 p.m. . . . . MEM.: \$10 • OTHERS: add \$20 membership fee

## OUR SPIRIT POTENTIALS

with Rev. Marilyn Rossner, PhD

You were born with the basic attributes of spirit contact. You were born experiencing the truth of Life Eternal. Awaken your innate abilities of mediumship. Rediscover your qualities of clairvoyance, clair-audience, channelling, inspirational speaking and writing, psychometry, trance, and more. All classes include spirit communication. Monday sessions are identified by an asterisk. See page 15 for more. (Note: The series price drops to \$110 if paid by January 22, 2019.)

March 19/26, April 1\*/2/3/16/23/29\*/30 7:30 p.m. . . . . MEM.: \$15/ea., \$120/series • OTHERS: add \$20 membership fee

## DISCOVERING THE SELF THROUGH LAUGHTER

with Patricia

They say that laughter is the best medicine. Patricia helps you to connect with your inner child through laughter, play, music and joy.

April 8/15/22

7:30 p.m. . . . . MEM.: \$10/ea., \$30/series • OTHERS: add \$20 membership fee

## les mardis/tuesdays

### NEW YEAR'S DAY SERVICE

with Rev. Marilyn Rossner, PhD & Guests

Gifts and refreshments!

January 1

7:30 p.m. . . . . Donation

### UNDERSTANDING TAROT

with Nicole Rodrigue

The Tarot is a centuries-old deck of 78 cards used as a divinatory tool. It is organized in two distinct parts: the Major Arcana (*the greater secrets*) and the Minor Arcana (*the lesser secrets*). Discover the Tarot and its universal archetypal symbols to explore and enlighten all aspects of life, and to help you envision long and short term goals.

January 8/15/22/29, February 5/12/19/26

7:30 p.m. . . . . MEM.: \$10/ea., \$70/series • OTHERS: add \$20 membership fee

### ROUND TABLE TALK WITH TADYK

with Tadyk Kalas

Tadyk leads a discussion on "Consciousness."

January 15

7:30 p.m. . . . . MEM.: \$10 • OTHERS: add \$20 membership fee

### THE BODY-SOUL BATTLE

with Rev. Karin Reimers, PhD, BA, PT

When your body "screams" for fun and ice cream but your soul insists on down time, a battle is bound to ensue within you. When duties become burdens and the self is overwhelmed, the Law of Attraction (*Like attracts Like*) kicks in, bringing about even more trouble. But what if you had the option to live your life peacefully by simply following a proven process of easy steps to regain the inner harmony missing in your life? By claiming mastery over yourself, you may step forth with confidence and make the work, home, health, social and financial aspects of your life a success. In this series of seven classes, Rev. Karin shows you HOW!

January 29, February 5/12/19/26, March 5/12

7:30 p.m. . . . . MEM.: \$20/ea., \$140/series • OTHERS: add \$20 membership fee

### ROUND TABLE TALK WITH TADYK

with Tadyk Kalas

Tadyk leads a discussion on "Changes in Life."

February 19

7:30 p.m. . . . . MEM.: \$10 • OTHERS: add \$20 membership fee

## MÉDITATION AVEC SONS SACRÉS • SACRED SOUND HEALING MEDITATION

avec/with Linda Kemp, PhD & ses invités/and guests (bilingue/bilingual)

Venez expérimentez les bienfaits de la méditation avec sons sacrés provenant de bol de cristal, hochets, clochettes et autres. Ces instruments sont utilisés par les chamans et guérisseurs à travers le monde. • Experience the healing power of sacred sounds generated by crystal bowls, rattles, bells and other sources. These potent tools have been used throughout history, by shamans and healers worldwide.

March 5/12/19/26; April 2/9

19 h 30 . . . . . MEM. : 10 \$/sess., 50 \$/série • AUTRES/OTHERS : plus 20 \$

### OUR SPIRIT POTENTIALS

with Rev. Marilyn Rossner

You were born with the basic attributes of spirit contact. You were born experiencing the truth of Life Eternal. Awaken your innate abilities of mediumship. Rediscover your qualities of clairvoyance, clair-audience, channelling, inspirational speaking and writing, psychometry, trance, and more. All classes include spirit communication. *Tuesday sessions are identified by an asterisk. See page 15 for more. (Note: The series price drops to \$110 if paid by January 31, 2019.)*

March 19\*/26\*, April 1/2\*/3/16\*/23\*/29/30\*

7:30 p.m. . . . . MEM.: \$15/ea., \$120/series • OTHERS: add \$20 membership fee

### ROUND TABLE TALK WITH TADYK

with Tadyk Kalas

Tadyk asks the question, "Are we a slave race to the aliens?"

April 16

7:30 p.m. . . . . MEM.: \$10 • OTHERS: add \$20 membership fee

### CLINICAL PARAPSYCHOLOGY

with Rev. Raul Valverde, PhD

Stress, anxiety and attention deficit disorders have been associated with the lack of synchronization of the brain hemispheres. For decades, binaural sound beats have been used to synchronize the brain hemispheres, and as a tool for psychic development, including telepathy, telekinesis and clairvoyance. Discover how the use of binaural beats and similar techniques can help with the development of telepathy, mediumship and telekinesis, as well as with the reduction of anxiety and stress, and to improve learning ability. *This workshop is given in 2 parts on consecutive Tuesday evenings.*

April 23/30

7:30 p.m. . . . . MEM.: \$10/ea., \$20/series • OTHERS: add \$20 membership fee

## les mercredis/wednesdays

### YOGA

with Madhavi

Yoga combines relaxation, visualization, meditation, gentle movements, and chanting. Unwind, relax, and enjoy!



Sessions are held every Monday and Wednesday from 5:30 p.m. to 7:00 p.m., beginning January 7. *Wednesday sessions are identified by an asterisk.*

**January 7/9\*/14/16\*/21/23\*/28/30\*, February 4/6\*/11/13\*/18/20\*/25/27\*, March 4/6\*/11/13\*/18/20\*/25/27\*, April 1/3\*/8/10\*/15/17\*/22/24\*/29**  
 5:30 p.m. . . . . \$7 per class, \$10 per week, \$25 per month, \$100 per semester

## EXPLORING YOUR MEDIUMSHIP ABILITIES

with Rev. Busta Akong

Using meditation and specific exercises, uncover the mediumship abilities that live within you.

**January 9/16/23/30, February 6/13/20/27, March 6/13/20/27, April 3/10/17/24**  
 7:30 p.m. . . . . MEM.: \$10/ea., \$120 series • OTHERS: add \$20 membership fee

## QUANTUM PHYSICS & CONSCIOUSNESS

with Raul Valverde, PhD

Explore quantum theory, the human mind and consciousness. The workshop includes quantum physics principles, non-locality of the mind, quantum entanglement,

the uncertainty principle, causality and synchronicity, quantum mysticism, holographic universe, and global and super consciousness. Upon completion, you will have a much better understanding of how quantum physics can help to explain the human mind, consciousness, and the nature of reality.

**January 23**  
 7:30 p.m. . . . . MEM.: \$10 • OTHERS: add \$20 membership fee

## OUR SPIRIT POTENTIALS


with Rev. Marilyn Rossner, PhD

You were born with the basic attributes of spirit contact. You were born experiencing the truth of Life Eternal. Awaken your innate abilities of mediumship. Rediscover your qualities of clairvoyance, clair-audience, channelling, inspirational speaking and writing, psychometry, trance, and more. All classes include spirit communication. *Wednesday sessions are identified by an asterisk. See page 15 for more. (Note: The series price drops to \$110 if paid by January 31, 2019.)*

**March 19/26, April 1/2/3\*/16/23/29/30**  
 7:30 p.m. . . . . MEM.: \$15/ea., \$120/series • OTHERS: add \$20 membership fee

# services du jeudi pour membres • thursday members' services

avec guérison spirituelle, voyance, lectures, discussions et rafraîchissements • 19 h 30 à 21 h • Donation  
 with spiritual healing, clairvoyance, lectures, discussion, and refreshments • 7:30 p.m. to 9:00 p.m. • Donation

<p><b>january 3</b></p> <p><b>Happy New Year Service</b>                      with Rev. Marilyn Rossner &amp; Guests</p> <p>Prayers for Rev. Marilyn &amp; Sr. Leona as they leave for South Africa</p> <p><i>Refreshments served!</i></p>	<p><b>january 10</b></p> <p>with Rev. Tony Sheldon &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>january 17</b></p> <p>with Rev. Raul Valverde, PhD, Daniel Richard, LM, Nicole Rodrigue &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>january 24</b></p> <p>with Rev. Raul Valverde, PhD, Daniel Richard, LM, &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>january 31</b></p> <p><b>Psychic &amp; Spirit Tea</b>                      Mediums! Psychics!                      Refreshments!</p> <p><b>6:00 p.m. to 9:00 p.m.</b></p> <p>Mini Sess.: \$15, mem.; \$35, others                      Full Sess.: \$25, mem.; \$45, others</p>
<p><b>february 7</b></p> <p>with Rev. Tony Sheldon, Daniel Richard, LM, Nicole Rodrigue &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>february 14</b></p> <p><b>Valentine's Day Service</b>                      with Rev. Marilyn Rossner &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>february 21</b></p> <p>with Rev. Raul Valverde, PhD, Daniel Richard, LM, &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>february 28</b></p> <p><b>Psychic &amp; Spirit Tea</b>                      Mediums! Psychics!                      Refreshments!</p> <p><b>6:00 p.m. to 9:00 p.m.</b></p> <p>Mini Sess.: \$15, mem.; \$35, others                      Full Sess.: \$25, mem.; \$45, others</p>	<p><b>march 7</b></p> <p>with Rev. Tony Sheldon &amp; Guests</p> <p><i>Refreshments served!</i></p>
<p><b>march 14</b></p> <p>with Rev. Marilyn Rossner &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>march 21</b></p> <p>with Rev. Raul Valverde, PhD &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>march 28</b></p> <p><b>Psychic &amp; Spirit Tea</b>                      Mediums! Psychics!                      Refreshments!</p> <p><b>6:00 p.m. to 9:00 p.m.</b></p> <p>Mini Sess.: \$15, mem.; \$35, others                      Full Sess.: \$25, mem.; \$45, others</p>	<p><b>april 4</b></p> <p>with Rev. Tony Sheldon &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>april 11</b></p> <p>with Rev. Marilyn Rossner &amp; Guests</p> <p><i>Refreshments served!</i></p>
<p><b>april 18</b></p> <p>with Rev. Raul Valverde, PhD &amp; Guests</p> <p><i>Refreshments served!</i></p>	<p><b>april 25</b></p> <p><b>Psychic &amp; Spirit Tea</b>                      Mediums! Psychics!                      Refreshments!</p> <p><b>6:00 p.m. to 9:00 p.m.</b></p> <p>Mini Sess.: \$15, mem.; \$35, others                      Full Sess.: \$25, mem.; \$45, others</p>			



# les vendredis/fridays

## AN EVENING OF SPIRITUAL HEALING, MEDITATION, CHANTING, DISCUSSION & MORE

with Elliot Gordon

January 11/18/25, February 1/8/15/22, March 1/8/15/22/29, April 5/12/19/26  
7:30 p.m. . . . . Love Donation

## AN OPEN SPIRITUAL FORUM

with Mara Jancsikin, PhD

Mara Jancsikin is a chemist, energy practitioner, spiritual healer and teacher, and doctor of natural medicine. She, herself, has experienced an extreme holistic healing. Mara shares her insight on how to find the balance, moderation, tools, information and will to mend body and soul. In the following weeks, she'll present some new and some old natural therapies to put you on the right path toward better health and spiritual growth. Each class includes relaxation and meditation, followed by dance movement and an open forum to express concerns, ask questions, and share experiences and knowledge. Lets help each other grow!

March 1/8/15/22/29  
7:30 p.m. . . . . MEM.: \$10/ea., \$40 series • OTHERS: add \$20 membership fee

## THE DANCE OF LIFE

with Mara Jancsikin, PhD

Dance awakens the body's inner wisdom. Music and movement encourage clarity and flexibility, and help you to



### Règlements sur la guérison spirituelle, et règlements pour les ministres de la FSS et ceux du ministère laïque

Voyants, Guérisseurs Spirituels, Conférenciers, Ministres Licenciés ou étudiants, ainsi que les Ministres Ordonnés, **ne sont pas** autorisés à poser des diagnostics ou à faire des prescriptions en rapport avec une maladie physique ou mentale. Le FSS recommande que toutes les personnes doivent utiliser seulement les services médicaux de professionnels de la santé licenciés.

Les Guérisseurs Spirituels de la FSS, les Voyants, les Conférenciers, Ministres Licenciés ou étudiants, ainsi que les Ministres Ordonnés, ne sont pas autorisés à recevoir des dons personnels ou rémunérations de toute nature pour leurs services bénévoles, qui sont destinés à être de nature purement religieuse.

develop and maintain a more positive self-image. Dance boosts confidence and self-esteem, and, thanks to the release of endorphins, produces a sense of well-being or even euphoria. It can help with the release of emotional blockages, and it allows us to access accumulated and bothersome energies in order to release and expel them. *Note:* Due to the dynamics of the workshop, please bring a small towel, dress in light and comfortable clothing, and make sure to be well hydrated.

April 5/12/19/26  
7:30 p.m. . . . . MEM.: \$10/ea., \$35series • OTHERS: add \$20 membership fee

# les samedis/saturdays

**POUR LES ATELIERS DU SAMEDI** veuillez voir les **pages 3 à 6 et 15.**

**FOR SATURDAY WORKSHOPS** please see **pages 3 to 6 and 15.**

**FOR SATURDAY EVENING SPIRIT CIRCLES** please see **page 6.**



### Spiritual Healing Regulations and Regulations for SSF Ministers & Those in Lay Ministry

Clairvoyants, Spiritual Healers, Speakers, Licensed Ministers (*student ministers*), and Ordained Ministers are **not** permitted to diagnose or prescribe in connection with physical or mental illness. The SSF recommends that all persons make use of the services of licensed medical professionals only.

SSF Spiritual Healers, Clairvoyants, Speakers, Licensed Ministers (*student ministers*) and Ordained ministers are **not** authorized to receive personal donations or payments of any kind for their volunteer services, which are intended to be purely of a religious nature.

# services interreligieux du dimanche • sunday evening interfaith services

Hôtel Espresso (1005, rue Guy, coin René-Lévesque) • 19 h 30 (sauf indication contraire) • Gratuit et ouvert au public  
 Espresso Hotel (1005 Guy Street at René-Lévesque) • 7:30 p.m. (except where otherwise indicated) • Free and open to the public

<b>january 6</b> <b>Service tout messages bilingue</b> <b>Bilingual All-Message Service</b> <b>Off.:</b> François Tessier, PhD <b>Med.:</b> Rev. Busta Akong <b>Lec.:</b> François <b>Clair.:</b> François, Rev. Busta, Elliott Gordon & Guests	<b>january 13</b> <b>English Service</b> <b>Off.:</b> Rev. Kathy Nyitrai <b>Med.:</b> Rev. Peter Kendall <b>Lec.:</b> Rev. Kathy <b>Clair.:</b> Rev. Kathy, Rev. Peter & Guests	<b>20 janvier</b> <b>Service français</b> <b>Cél.:</b> Rév. Carol Neumann <b>Méd.:</b> Rév. Carol <b>Lec.:</b> Elliott Gordon <b>Clair.:</b> Elliott, Rév. Carol, Rév. Jean-Pierre	<b>january 27</b> <b>English Service</b> <b>Off.:</b> Rev. Busta Akong <b>Med.:</b> Rev. Busta <b>Lec.:</b> Daniel Richard, LM <b>Clair.:</b> Rev. Busta & Guests	<b>february 3</b> <b>Service tout messages bilingue</b> <b>Bilingual All-Message Service</b> <b>Off.:</b> Rev. Busta Akong <b>Med.:</b> Rev. Busta <b>Lec.:</b> Daniel Richard, LM <b>Clair.:</b> Rev. Busta, Nicole Rodrigue & Guests
<b>february 10</b> <b>English Service</b> <b>Off.:</b> Rev. Marilyn Rossner <b>Med.:</b> Rev. Kathy Nyitrai <b>Lec.:</b> Rev. Marilyn <b>Clair.:</b> Rev. Kathy, Rev. Peter Kendall, Rev. Marilyn Welcome home to Rev. Marilyn & Sr. Leona • Happy Birthday to Rev. Marilyn & Aquarians <i>Refreshments served!</i>	<b>17 février</b> <b>Service français</b> <b>Cél.:</b> Rév. Marilyn Rossner <b>Méd.:</b> Elliott Gordon <b>Lec.:</b> Tadyk Kalas <b>Clair.:</b> Rév. Jean-Pierre Rév. Marilyn et ses invités	<b>february 24</b> <b>English Service</b> <b>Off.:</b> Rev. Marilyn Rossner <b>Med.:</b> Jacques Gravel <b>Lec.:</b> Rev. Marilyn <b>Clair.:</b> Jacques, Rev. Marilyn & Guests	<b>march 3</b> <b>Service tout messages bilingue</b> <b>Bilingual All-Message Service</b> <b>Off.:</b> Rev. Karin Reimers, PhD <b>Med.:</b> Rev. Marilyn Rossner <b>Lec.:</b> Rev. Karin <b>Clair.:</b> Rev. Karin & Guests	<b>march 10</b> <b>English Service</b> <b>Off.:</b> Rev. Kathy Nyitrai <b>Med.:</b> Rev. Kathy <b>Lec.:</b> Rev. Peter Kendall <b>Clair.:</b> Rev. Kathy, Rev. Peter
<b>17 mars</b> <b>Service français</b> <b>Cél.:</b> Rév. Karin Reimers, PhD <b>Méd.:</b> Rév. Marilyn Rossner <b>Lec.:</b> Rév. Karin <b>Clair.:</b> Rév. Karin, Rév. Jean-Pierre	<b>march 24</b> <b>English Service</b> <b>Off.:</b> Rev. Marilyn Rossner <b>Med.:</b> Elliott Gordon <b>Lec.:</b> Tadyk Kalas <b>Clair.:</b> Rev. Marilyn, Elliott & Guests	<b>march 31</b> <b>Anniversary of Modern Spiritualism Service</b> <b>Off.:</b> Rev. Marilyn Rossner <b>Med.:</b> Rev. Alma Grimaux <b>Lec.:</b> Bernard Grimaux, PhD <b>Clair.:</b> Rev. Alma, Rev. Marilyn & Guests	<b>avril 7</b> <b>Service tout messages bilingue</b> <b>Bilingual All-Message Service</b> <b>Off.:</b> Rev. Marilyn Rossner <b>Med.:</b> Jacques Gravel <b>Lec.:</b> Rev. Marilyn <b>Clair.:</b> Rev. Marilyn, Jacques & Guests	<b>avril 14</b> <b>English Service</b> <b>Off.:</b> Rev. Marilyn Rossner <b>Med.:</b> Rev. Peter Kendall <b>Lec.:</b> Rev. Kathy Nyitrai <b>Clair.:</b> Rev. Kathy, Rev. Peter, Rev. Marilyn
<b>21 avril</b> <b>Service français :</b> <b>Joyeuses Pâques</b> <b>Cél.:</b> Rév. Busta Akong <b>Méd.:</b> Rév. Alma Grimaux <b>Lec.:</b> Bernard Grimaux, PhD <b>Clair.:</b> Rév. Alma, Andrea Courey, Elliott Gordon	<b>avril 28</b> <b>English Service</b> <b>Off.:</b> Rev. Carol Neumann <b>Med.:</b> Rev. Carol <b>Lec.:</b> Rev. Marilyn Rossner <b>Clair.:</b> Andrea Courey, Rev. Carol, Rev. Marilyn			

## Les Exigences pour étudiants du ministère & du collège pour janvier à avril 2018

- assister et mise en place de **tous** les services Anglais de 18 h à 22 h (jeudi et dimanche)
- assister et mise en place de **toutes** les lectures psychiques, des cercles du samedi soir, et des événements spéciaux (de 18 h à 22 h)
- assister à **tous** les cours, les ateliers, et les classes
- assister à **tous** les ateliers du samedi et du dimanche

**S'il vous plaît noter :** 100% des présences à **tous** les services/lectures psychiques et **85%** des présences aux classes sont nécessaires pour obtenir le crédit collégial du ministère. **100% des présences sont requises afin d'obtenir des compétences pastorales, rites et rituels.**

## Ministry & College Students' Requirements for January to April 2018

- attending & setting up for **all** English services from 6:00 p.m. to 10:00 p.m. (Thursdays & Sundays)
- attending & setting up for **all** psychic teas, Saturday evening circles, and special events (from 6:00 p.m. to 10:00 p.m.)
- attending **all** courses, workshops, and classes
- attending **all** Saturday and Sunday workshops

**Please note:** 100% attendance of **all** services/teas & **85%** of classes is required for ministry/college credit. **100% attendance required for pastoral skills, rites, and rituals.**

# GRATUIT

## SERVICES DU DIMANCHE GRATUITS

méditation, voyance, médiumnité et communication avec les esprits

# FREE

## FREE SUNDAY EVENING SERVICES

meditation, clairvoyance, mediumship and spirit communication

Avec le révérend Jean-Marc Quesnel et plusieurs autres médiums renommés

### OFFICES BILINGUES :

Tous les premiers dimanches du mois  
• Soirée de messages avec Dr. Marilyn et autres

### OFFICES EN FRANÇAIS :

Tous les troisièmes dimanches du mois  
• Guérison spirituelle de 18 h 30 à 19 h 15  
• Service de 19 h 30 à 21 h

À l'hôtel Espresso, 1005 rue Guy à Montréal

With the internationally acclaimed Dr. Marilyn Rossner and guests

### BILINGUAL SERVICES:

Every 1<sup>st</sup> Sunday of the month  
• All Message Service with Dr. Marilyn & guests

### ENGLISH SERVICES:

Every 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Sunday of the month  
• Spiritual Healing from 6:30 p.m. to 7:15 p.m.  
• Sunday Service from 7:30 p.m. to 9:00 p.m.

At the Hotel Espresso, 1005 Guy St., Montréal

## Celebrate the Joys of the Spirit with Dr. Marilyn Rossner

2019 Winter-Spring Presentations



**M**arilyn Rossner is co-founder of the IIHS, and founder-president of the SSF. She is a retired professor of special care counselling at Vanier College, a children's behaviour therapist, an ICCM minister, and a gifted intuitive! She is available for individual readings, consultations, spirit messages, and clairvoyance. Call 514-937-8359 for an appointment.

### Spirit Message Circles

Saturday evening spirit message circles are experiential sessions featuring clairvoyance, psychometry, mediumship, and lots of spirit messages.

**February 9/16, March 16/23, April 13**  
**Refreshments!**  
**7:30 p.m. • \$15 ea.\***

### Weekday Classes

#### Our Spirit Potentials

You were born with the basic attributes of spirit contact. You were born experiencing the truth of Life Eternal. Awaken your innate abilities of mediumship. Re-discover your qualities of clairaudience, clairvoyance, channelling, psychometry, inspirational speaking & writing, trance, and more. Know the truth and the truth will set you free.

*This season's topics:*

#### Ancestral & Generational Memories\*\*

Tuesdays, March 19/26

#### It's All in Your Mind\*\*

Mon./Tues./Wed., April 1/2/3

#### Mediumship Development\*\*

Tuesdays, April 16/23/30

#### Spirit Is Calling! Are You Listening?\*\*\*

Monday, April 29

**7:30 p.m.**

\$15/ea.\*; \$120/series\* (or \$110\* if paid by Jan. 20, 2019)

**\*\*Spirit Messages will follow the session**

### Weddings

Planning a wedding, baptism, or naming ceremony?

Give Rev. Marilyn a call at 514-937-8359.



### Services

#### Thursday Services

Thursday services are held **every** Thursday and open to members only. They feature spiritual healing, clairvoyance, lectures, discussion, and refreshments.

**Services led by Dr. Marilyn:**

**January 3, February 14, March 14, April 11**

**7:30 p.m. • Donation**

#### Sunday Services

For over 40 years, the SSF has been providing free interfaith spiritual services every Sunday. Please share this information with friends.

**Hôtel Espresso, 1005 Guy Street**

**7:30 p.m.** (Preceded by *Spiritual Healing*, from 6:30 p.m. to 7:15 p.m.)

#### 1<sup>st</sup> Sunday of the month

Bilingual All Message Service with Dr. Marilyn Rossner, Rev. Jean-Marc, mediums & guests

#### 2<sup>nd</sup>, 4<sup>th</sup>, & 5<sup>th</sup> Sundays of the month

English Service with Dr. Marilyn, other ministers, mediums, teachers, gifted psychics & intuitives.

#### 3<sup>rd</sup> Sunday of the month

French Service with meditation, information on spirituality & spirit contact

**Free and open to all**

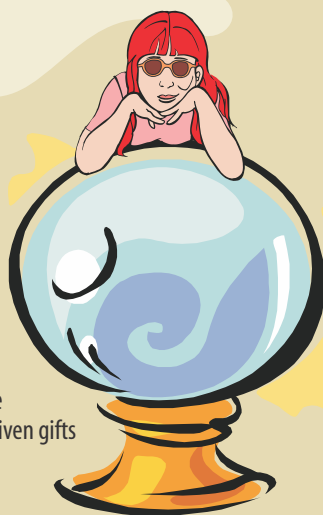
**Discussion • Refreshments!**

### Workshop

## MEDIUMSHIP INTENSIVE So You Want To Be A Medium

In this full-day intensive-training workshop, we'll explore the many varieties of Mediumship. Be prepared to experience a wide range of techniques so that you may awaken to your own God-given gifts of **spirit contact**.

Experience the joy of knowing that life **does** go on beyond the change called death.



**Saturday, March 2, 2019 • 10:00 a.m. to 5:00 p.m. • \$44\***

\*Non-members, please add \$20 membership fee.